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Jeanie Griffin Fact Sheet

Website: www.aspaceforhealing.com

Contact e-mail address: bjgriffin@aol.com

Phone Number: 817-965-2206 (confidential voicemail)

Street Address: 621 N. Main Street, Suite 435, Grapevine, TX
(9 miles from DFW airport)

Services Provided: Goal: Spiritual Transformation using:

- 1) **Addiction assessment, treatment, referral, 12 step focused** for alcoholism, drug addiction, sex addiction, disordered eating, codependency, and trauma
- 2) **Individual therapy and gender specific and professional specific transitional aftercare groups for clients returning from treatment to DFW metroplex area (located 9 miles from DFW airport)**
- 3) **Liaison with professional licensing boards**
- 4) Spiritual Counseling for a deeper recovery, Grief Counseling, Trauma Work
- 5) Shamanic Power Animal Retrieval, Soul Retrievals See (www.aspaceforhealing.com FAQ's)
- 6) Shamanic Reiki, Theta Healing, Energy Work, Chakra Balancing and Theta Healing
- 7) Healing with Spiritual Light and Medicine for the Earth
- 8) Mindfulness practice DBT
- 9) Cancer support
- 10) Near death experience integration
- 11) Speaking and Training on all topics above

Years in Practice: 20+

Qualifications: LPC, MFT, LCDC, BRI II, CADC, and Shamanic Practitioner, Reiki Master, Theta Healer, Intuitive Spiritual Healer

Triple winner: Recovering alcoholic, recovering codependent, and recovering adult child of alcoholism,

Education: Master of Arts in Mental Health and Substance Abuse Counseling/ Law School 1.5 yrs

Treatment Preferences (Orientation and Modality):

Jeanie Griffin's work is grounded in simplicity, driven by spirituality, fueled by a sense of humor and dedicated to healing individuals, families, communities and the planet. More specifically as follows:

- 1) Focus on spiritual transformation through the 12 steps as outlined in the book.
- 2) Shamanism holds that Spirit is in all things. I assist each person to go beyond those things that keep them from their true path, to get beyond the sadness that is right under the surface and to grow to be the light that they are.
- 3) People from addictive homes grow up with gaps in their learning. I am a teacher as well as a healer and psychotherapist. Each client is unique so each way I assist will be unique to that individual yet mindful of their purpose of service to a larger community.
- 4) We look at habits of thinking, habits of feeling and habits of behaving in order to highlight patterns and old rules from which we operate. We do this by applying the spiritual path of the 12 steps as outlined in the book, reading other literature, exercising experiential practices, shamanic practices and mindfulness.
- 5) The diagnosis or "problem" is simply a starting place. The goal is integration and balance. By going within we find our true light, and then by shining that light we encourage people to do the same. The consciousness of those near and far into the world is raised. All benefit.

Payment methods: cash or check (Out of Network Insurance Provider)

Average cost \$100 to \$150 per hour for traditional 50 minute sessions. Consultations and shamanic sessions can run up to 90 minutes. House blessings and clearings rates \$250 - \$400. Addiction Assessments: \$250 without a report, \$350 with a report, Aftercare sessions: 4 times a month for \$250.00. Interventions: \$3,000. Family assistance with treatment referral: free to \$500. Other services by design.